

# GSD1B 504 TIPS

## DISEASE-SPECIFIC ACCOMMODATIONS TO CONSIDER WHEN WORKING WITH YOUR SCHOOL TEAM:

- Access to blood sugar supplies, medicine, food, water and bathroom, including being allowed to eat lunch, snacks or take cornstarch in the classroom if needed.
- Allowing alternative times for tests if blood sugars are out of range. Consider finger-stick testing before tests.
- Unlimited medical absences without punishment or truancy warnings (some states require chronic illness paperwork here).
- Opportunity to make up missed instruction and tests without penalty, including during extended absences due to hospitalization or metabolic instability.
- Permitting absence in the event of sickness in the classroom (example: a circulating stomach virus).
- Access to classroom via virtual methods in the event of multiple or prolonged absences.
- Training for school staff on GSD1b, common symptoms, signs of hypoglycemia and treatment.
- Assigned staff to provide care during field trips and school-sponsored outings.
- Allowing alternative treats during events and class parties.
- Alternatives for physical education class or activities if these interfere with blood sugar.



These suggestions should be discussed with your care team. For more general insight on 504 plans and other education resources, please see additional links.

